



**600+**  
PASTA PAIRINGS FOR  
PICKY EATERS

BRIBES FOR GOOD  
BEHAVIOR  
**SMART IDEA?**

ISSUE **273**  
APRIL 2013

# parenting

modern families + fresh ideas

## BIRTHDAY PARTY REMIX

SQUEAL-WORTHY  
SHINDIGS YOU'LL  
WANT TO PIN!

## AUTISM REPORT

LIFE-CHANGING  
NEWS FOR THE  
**1-IN-88**

**"SHOULD  
MY KID BE  
ON A DIET?"**

FROM PANTRY  
**YOUR  
HOME-  
HEALTHIER**  
TO PLAYROOM

## SNACK POLICE!

HOW TO  
PROTECT YOUR  
**ALLERGIC TOT**





## LOVE LIFE FEELING FLAT? THERE'S AN APP FOR THAT

Can technology really help set the mood? Yep, at least according to these parents, who tested a few relationship apps for us!

BY GURAMRIT KHALSA

### **K** KAHNOODLE, FREE WHAT IT IS:

Perfect for anyone addicted to Words With Friends, Kahnooodle combines romantic gestures with gaming elements.

#### **BEST FEATURE:**

The app reminds you to do something sweet when too much time has elapsed (and your partner's "love tank" is running low), and shows a comparison of how you stack up against your mate.

#### **WHAT PARENTS SAY:**

*"My husband and I are both athletes, so this got our competitive and romantic juices flowing. Neither one of us wants the other to 'win,' so we keep making sure to fill each other's love tanks. Of course, in the end, we both win!"*

—LIZ P.

### **K** KINDU, \$2 WHAT IT IS:

Developed by a group of medical students, this is a great app for anyone who wants to broach the subject of trying something new in the bedroom but isn't sure how to take the first step.

**BEST FEATURE:** You and your partner are able to discreetly answer a series of steamy questions, covering everything from different positions to toys, and more. You're alerted if you both respond "definitely" or "maybe" to the same question.

#### **WHAT PARENTS SAY:**

*"This app is great. It started some fun (and funny) conversations with my wife. Now I know we're both up for getting frisky in a gondola!"*

—BEN L.

### **A** AVOCADO, FREE WHAT IT IS:

A fun way to send private notes that can be customized to include your own secret code (e.g., "Miss you, Whiskers, maybe we can roll around later?"). Avocado also lets you share lists and calendars.

**BEST FEATURE:** You can create a relationship archive so you can look back at your best moments (especially good when you're having one of your not-best moments).

#### **WHAT PARENTS SAY:**

*"I love having a unique way to keep in touch, and sharing calendars and lists helps us always keep our relationship on the same page."*

—ASHLEY R.



always

## BOOST YOUR CONFIDENCE WITH PROTECTION AGAINST LEAKS AND ODORS

Find the Always pads and liners that are right for you.



always  
ultra thin ABSORBS LEAKS & ODORS IN SECONDS



always  
ultra thin  
fresh ACTIVE ABSORBS ODORS + FRESH SCENT



always  
ultra thin  
Soft & Clean NEUTRALIZES ODORS FOR HOURS + SOFT COVER