

# ELEVATED EXISTENCE

DECEMBER 2012

*Discovering the divine in body, mind and soul*

[www.elevatedexistence.com](http://www.elevatedexistence.com)

**2012 Editor's  
Gift Picks**

**The Truth About  
GMOs in  
Your Food**

**Barbara  
Marx  
Hubbard  
2012 & Beyond**

**Spiritual**  
ELEVATED  
EXISTENCE  
SERVICE AWARD

## Gregg Braden

**The author reveals the deep truths of our  
existence and how we can thrive beyond 2012.**



# 2012 Editor's Picks Gift Guide



## Metropolis Floral Soap Gift Set

Offering all natural and vegan soaps, bath soaks and lip creams, Metropolis Soap Co. offers this floral gift set featuring four soaps made from natural butters and essential oils in scents: aloe, chamomile and lavender; rosewood and oatmeal; mint lavender and citrus; and lavender and tangerine. It also includes a mini soak in rose, jasmine and ylang ylang; and a lavender and mint lip cream. [www.metropolissoap.com](http://www.metropolissoap.com); \$29.99.



## Silver Lariat Amethyst Necklace

From Conscious Jewelry, this 17-inch chain made from sterling silver over brass features an amethyst stone between 1 and 1.5 inches in length. Amethyst is a very meditative and calming stone, also known to increase intuition.

[www.consciousjewelry.com](http://www.consciousjewelry.com); \$71.

